

New Therapist presents

Hooked:

Understanding and working with addiction

With Dr. Helen Keen



About the workshop

This workshop tackles the complex issue of addiction, beginning by synthesising current research and thinking on causation, symptoms and, most importantly, treatment. Having set out a broad overview of addiction, it moves to more in-depth issues, including DSM 5's take on addiction, the concept of multiple addictions, addiction interaction disorder and the steamy topic of sex addiction: a convenient excuse or an inconvenient reality? The workshop is peppered with examples from research and clinical practice to demonstrate the concepts.

Where: Sunnyside Park Hotel, Parktown, Johannesburg

When: Saturday, September 6, 2014, 08h30 to 17h00

Cost: R1,480 (all inclusive)

CPD: This workshop has been accredited for seven CPD points.

To book and pay online, point your internet browser at:
<https://keenaddiction2014.questionpro.com>

For more information:

Email us on conferences@newtherapist.com
or phone (033) 342 7644

To learn more about New Therapist magazine, visit:
<http://www.newtherapist.com>

Session One: Addiction Dynamics

- History of the concept, addiction vs dependence and changes in DSM-5
- The scale of the problem of addiction
- Definitions of addiction
- Characteristics of addiction (as opposed to 'abuse' or 'misuse')
- Brief overview on causation: individual, family, community
- Development of the illness (based on the work of Carnes)
- Brief discussion on the neurobiology of addiction
- The four rewards of addiction

Session Two: Multiple Addictions and Addiction Interaction Disorder

- Categories of addiction and multiple addictions
 - Substances
 - Processes
 - Relationships
 - Core affect states
- The prevalence of multiple addictions: latest research
- Addiction interaction disorder(AID): Carnes et al.,'s (2005) 10 patterns of AID.

Session Three: Sex Addiction

- History of the concept, DSM-5 in relation to sex addiction and prevalence
- Courtship and the 10 compulsive types of sex addiction
- Co-addiction (specifically in the partner)
- Screening for sex addictions: the full R-SAST (Carnes, Green & Carnes, 2010)
- The internet and sex addiction

Session Four: Treatment

- The trauma egg
- The multiple addiction time line
- The stages of recovery
- Tasks of recovery (3 year period)

About the presenter

Dr. Helen Keen has been in practice as a social worker since 1983. She completed a Masters in Medical Science Degree in 1993, and a PhD on the topic of multiple addictions and addiction interaction disorder through UKZN in 2014. The research investigated the prevalence of multiple addictions, particularly sex and gambling, amongst people admitted for treatment of substance use disorders. In addition to working with addiction, she has extensive experience in statutory work, group work, trauma counseling, psychiatric social work and family therapy. She is particularly interested in group treatment programmes that focus on the issue of addiction interaction.

Registrations will not be confirmed until full payment is received. Confirmation and a receipt will be mailed to you once payment has been received.

An administration fee of R500 applies to all cancellations made before 06/08/2014. Registration, once paid, cannot be cancelled after 06/08/2014, regardless of personal circumstances. Registration may be transferred to another delegate.