

# New Therapist presents

## 'Thinking about Borderline Personality Disorder': A mentalisation-based approach

By Duncan Cartwright

Borderline Personality Disorder (BPD) is well known for the difficulties it poses to the treatment process. Therapists often have to contend with problems related to early dropout, extra therapeutic demands, acting out, persistent suicidal ideation, affect storms and chaotic interpersonal situations. Although this is the case, emerging evidence suggests that the prognosis for BPD is much better than previously thought if appropriate treatment is received and goals/expectations appropriate.

In 'Thinking about Borderline Personality Disorder' Duncan Cartwright, Ph.D., will present some current evidence about diagnosis, course and treatment of BPD. Drawing mainly on Object-Relations and Mentalisation-based psychotherapy, he will discuss core dilemmas in the treatment process and put forward a number of treatment principles and technical considerations to assist the therapeutic process.



*Duncan Cartwright is head of the Centre for Applied Psychology, University of Kwa-Zulu Natal, South Africa. He is in part-time private practice. He is the author of Psychoanalysis, Violence and Rage-Type Murder (Routledge 2002) and Containing States of Mind (Routledge 2010)*

**When:**

Saturday, July 30, 2011

**Where:**

Akeso Clinic, 216 Woodhouse Road,  
Scottsville, Pietermaritzburg (see map for  
directions)

**Cost:**

R420 per person (payable before the  
workshop to ensure a place, see banking  
details below)

**Programme:**

**8:30-8:55:** Refreshments

**9:00:** Presentation

**10:15-10.35:** Tea

**12:00-12:30:** Evaluation

This workshop is accredited for 4 CPD points.

To confirm your attendance, please go to  
our online reservation form at: <https://www.pulseaudit.com/cartwrightbooking.htm>.

NB. No places will be secured without prior  
payment.

To reserve your place at the workshop, complete and return this form.

Name: .....

Surname: .....

Email: .....

Tel.: .....

NB: Your place is not secured until you have made payment. Please submit proof of payment of R420 to us via return email or by fax to 033 342 7644.

To pay by credit card, please visit our secure payment form at: <https://www.pulseaudit.com/cartwrightbooking.htm>

### Banking details for New Therapist

Bank: Standard Bank  
Branch: Pietermaritzburg (code 057525)  
Account type: Current/cheque account  
Account number: 05 214 337 6

For further enquiries contact:

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## Directions to Akeso

