

# New Therapist presents

## Thinking about Borderline Personality Disorder Part II: Treatment

A workshop with Duncan Cartwright



### About the workshop

Borderline Personality Disorder (BPD) is well known for the difficulties it poses to the treatment process. Therapists often have to contend with problems related to early dropout, extra-therapeutic demands, acting out, persistent suicidal ideation, affect storms and chaotic interpersonal situations. Although this is the case, emerging evidence suggests that the prognosis for BPD is much better than previously thought if appropriate treatment is received and goals and expectations are appropriate.

In Thinking about Borderline Personality Disorder - Part II: Treatment, Duncan Cartwright, Ph.D., will focus on treatment interventions with BPD. Drawing on object relations, attachment theory and mentalisation-based psychotherapy, a number of treatment principles and technical considerations will be discussed, with reference to a case study. Dialogue about difficulties in the treatment of BPD will form the basis for discussion.

### When:

Saturday, September 22, 2012

### Time:

08:30 to 13:00

### Where:

Akeso Psychiatric Clinic, Pietermaritzburg (see attached map).

### Cost:

R480 per person (payable before the workshop to ensure a place, see banking details below)

4 CPD points will be awarded for attending this workshop

To confirm your attendance, please go to our online reservation form at: <https://www.pulseaudit.com/cartwrightbooking.htm>.



### About the presenter

Duncan Cartwright is head of the Centre for Applied Psychology, University of Kwa-Zulu Natal, South Africa. He is in part-time private practice. He is the author of *Psychoanalysis, Violence and Rage-Type Murder* (Routledge 2002) and *Containing States of Mind* (Routledge 2010)

### Banking details for New Therapist

Bank: Standard Bank  
Branch: Pietermaritzburg (code 057525)  
Account type: Current/cheque account  
Account number: 05 214 337 6

### For further enquiries contact:

John Soderlund  
Tel. 033 342 7644.  
Email: [datepalm@newtherapist.com](mailto:datepalm@newtherapist.com)

## Map to Akeso



New Therapist CPD accreditation number: UP/SP/0002