

New Therapist presents

Hooked

Understanding and treating addiction

A workshop with Helen Keen

About the workshop

This workshop begins with a step back to examine the nature and history of addiction, before delving more deeply into its dynamics of its reward system, the neurobiology of addiction and the various flavours of addiction that present in the therapist's waiting room. Then it proceeds into more current ideas in the field, including the work of Patrick Carnes on sex addiction and Addiction Interaction Disorder, which gives life to the emerging ideas about the fabric of addictive compulsions and how they are expressed in multiple addictions. Keen also provides guidance to the assessment of addictions and illustrates the web of her understanding of addiction with a range of case examples.

The workshop will cover:

- A broad overview of the field of addiction, its history and definitions of key terms
- Characteristics of addiction (as opposed to abuse or misuse)
- The development of addiction (based on the work of Patrick Carnes)
- The neurobiology of addiction
- The reward systems operative in addiction
- Categories of addiction (substances, processes, relationships and core affect states)
- Multiple addictions and addiction interaction disorder (Carnes)
- Emerging ideas about assessment and treatment

When:

Saturday, May 18, 2013

Time:

08:30 to 13:00

Where:

Akeso Psychiatric Clinic, Pietermaritzburg (see attached map).

Cost:

R520 per person (payable before the workshop to ensure a place, see banking details below or go to <https://www.pulseaudit.com/keenbooking.htm> to reserve and pay for your place at the workshop).

4 CPD points will be awarded for attending this workshop

To confirm your attendance, please go to our online reservation form at: <https://www.pulseaudit.com/keenbooking.htm>.



About the presenter

Helen Keen has been in practice as a social worker since 1983, having garnered extensive experience in statutory work, group work, trauma counselling, addiction and family therapy. She works part-time at a rehabilitation facility for substance dependents and runs groups on addiction interaction. Helen is in the process of completing her PhD on the topic of Multiple Addictions and Addiction Interaction Disorder through UKZN.

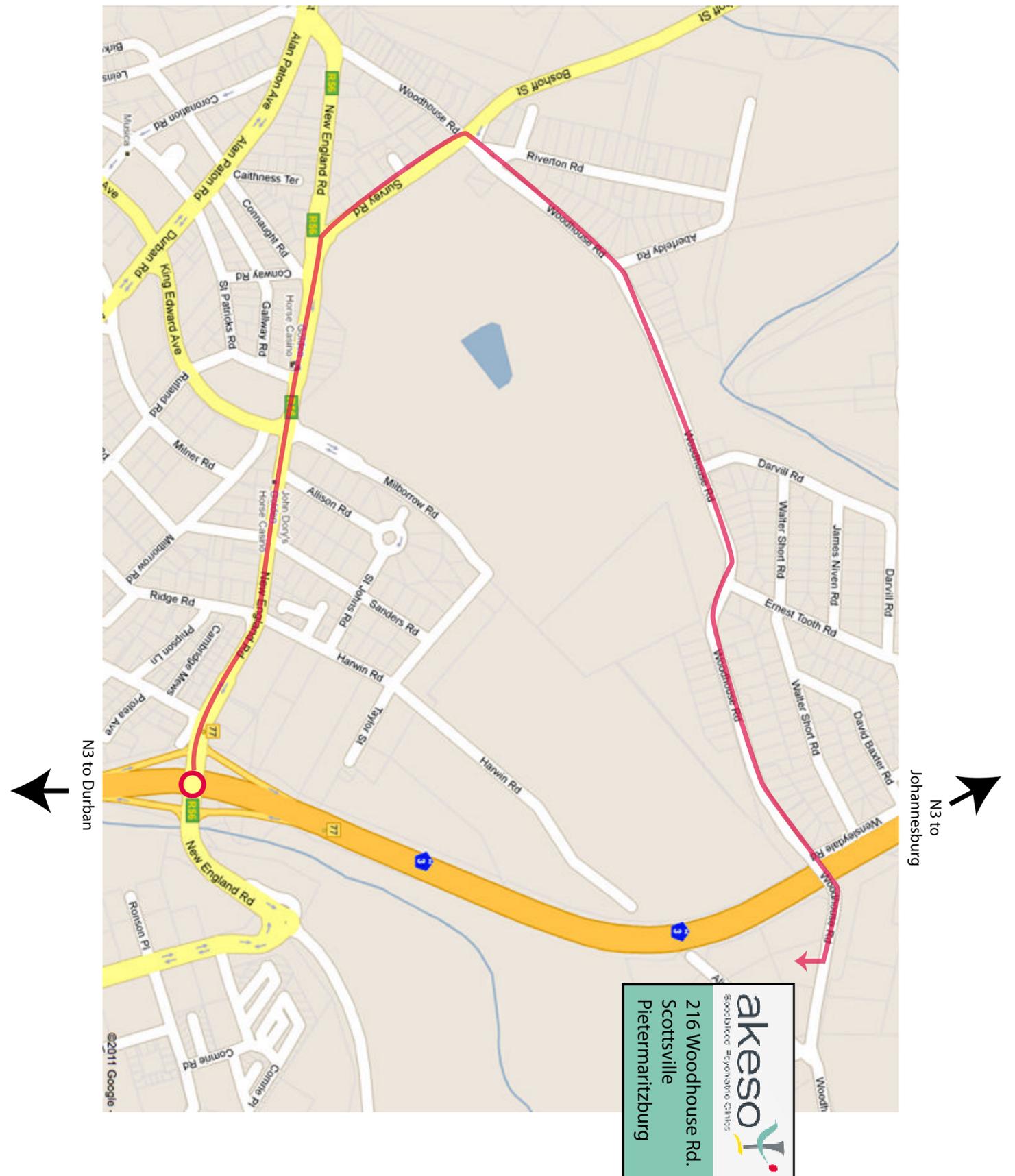
Banking details for New Therapist

Bank: Standard Bank
Branch: Pietermaritzburg (code 057525)
Account type: Current/cheque account
Account number: 05 214 337 6

For further enquiries contact:

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Map to Akeso



New Therapist CPD accreditation number: UP/SP/0002